

Invitation To Sit with The Sacred Wood

27th February – 1st March 2026 | Spain

Limited Spaces Available: 10 People



Dearest Brothers and Sisters

We are excited to invite you to join us on this incredibly powerful journey: a three day initiation into the heart of the sacred Wood and the ancient wisdom of Bwiti; this time at a stunning location in Spain. Here, nature itself supports stillness, healing, renewal and reconnection.

This intimate retreat is limited to a small circle of participants, ensuring proper care and attention. The Wood invites us to release what no longer serves, by reconnecting us with the ancestral wisdom of Bwiti, restoring a deep and profound state of being through an authentic return to wholeness.



The Work

Sitting with the Wood is a living dialogue with Spirit, the ancestors, and your higher self. The medicine offers:

- Healing of destructive ancestral patterns/childhood trauma/trauma
- A full reset/letting go of attachments and outdated belief-systems
- Soul retrieval and awakening of authentic presence
- A profound sense of clarity, alignment, and oneness

This is a rite of passage - a space to reset, release, and step fully into the new year of the Fire Horse with intention and grace.

Your Guides

Iwan (Bovenga) - Bwiti Nganga (medicine man) Toltec wisdom teacher and Eagle Sun Dancer, will lead this initiation. He carries the living lineage of his Bwiti father Tatayo from Gabon, fully supported and blessed by his elders. As he approaches his fifteenth year of working with the sacrament, he brings a profound depth of experience, practical wisdom and authenticity to guide you safely into the heart of the medicine. His presence embodies grounded masculine strength, courage, humility and devotion to his work.

Nancy - Initiated curandera, ceremonial leader, space holder, therapist and medicine carrier with over 26 years of experience. She brings a deep feminine presence, intuitive guidance and wisdom. Her care and devotion support a safe, nourishing, and transformative space where you are fully held to be able to surrender and let go.

Together, they create a rare synergy, amplifying the depth and potency of the work while holding an impeccably clear and safe space.



The Journey

- **Friday** - intention and preparation, fasting, consultation, purification flower bath, and night of initiation.
- **Saturday** - the rebirth begins, breaking fast with mandala of fruit, halfway point consultation, dinner, rebirth dance with traditional Bwiti music, rest.
- **Sunday** - breakfast, concluding rebirth, dance, sharing, Bwiti blessings, integration and aftercare guidelines, closing.

Why Now

The end of February offers a huge window of opportunity and a clean slate to build upon as we enter a fresh and powerful cycle with the new year of the Fire Horse, which is a time of creation. The Wood is a master teacher, opening a doorway for deep healing, soul retrieval and realignment. This is your opportunity to reset in a beautiful, rural sanctuary, preparing mind, body and spirit for rebirth and a brand-new beginning in life.

Spaces are limited to 10 people to ensure the highest level of care. If you're feeling called to join us, then get in touch so we can arrange your consultation.



Contribution and Logistics

- Dates: 27th February – 1st March 2026 near Alicante, Spain
- Spaces: Limited to 10 people
- Early Bird £1777 (deposit £444 by 3rd February)
- Full contribution £1999 (deposit £555 by 10th February)
- Final registration: 10th February

We use ethically and sustainably sourced Wood, which has been harvested correctly. Donations are sent directly to Tatayo of Ebando village, Libreville, Gabon to help with additional costs such as school and education fees.

Your Next Step

Will you answer the call of the Bwiti and the knock of the sacred wood?

If the answer is yes, then reach out to us today to arrange your consultation and begin your journey of healing, rebirth and the timely return to your authentic self. Please drop us an email or text via Signal to get the ball rolling.

With love, gratitude and Bwiti blessings,
Iwan (Bovenga), Nancy and the Bwiti
Basse.

Contact

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- SMS VIA SIGNAL ONLY + 44 07749 242 594

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